SUMMER RESIDENTIAL INTENSIVE

IN STROMFORS MILLS FINLAND 3-9.6.2018



Our summer intensive will be held the beautiful and peaceful Stromforsin Ruukki (Stromfors Mills), close to the city Loviisa. It is 17km from Loviisa in Ruotsinpyhtaa and about 100km from Helsinki. Historically, the area hosted a booming iron industry since 1600s. It is an area with old beautiful Mill houses. Have a look their website to learn more about this wonderful location full of history <u>www.stromforsinruukki.fi</u> (click the English flag and you can get the text in English.)

Accommodation will be in the beautiful mill houses in the area. We work 6 days, so that the middle day Wednesday is free to relax. Accommodation costs for a room including meals (fullboard) is **280€-300€** (including also towels and sheets).

On Wednesday breakfast will be included. If you like, you can eat lunch and dinner there on Wednesday and pay separately for each meal. Or visit the town of Loviisa and eat there.

Our main teacher will be **Gloria Hessellund USA**. Intensive costs **670€** including the taxes 24%.

We usually try to organize transport from Helsinki to the Mills. People who come with their cars could take along someone needing a ride. There will be a translator at the Intensive finnish/english/finnish.

More info, please ask: leena.saxberg@gmail.com www.rosenmetodi.fi tel. +358 44 020 4414

WELCOME!